

Certificate in Counselling Skills



Course Overview

The Level 2 Certificate in Counselling Skills is designed to provide learners with a comprehensive introduction to a range of counselling skills. Learners will develop their knowledge of the counselling profession, looking at the role of professional frameworks/codes of conduct and the core personal qualities that enable competent counsellors. Learners are introduced to the roots of counselling theory and how theory underpins counselling skills. This qualification provides a rudimentary understanding of the three main areas of counselling theory and how they can relate to counselling practice. Learners will also begin to develop their practical skills in developing, maintaining and concluding a basic counselling session, providing them with the skills, knowledge and understanding of practice within the boundaries of an ethical framework.

What You Will Study

There are four units within this course:

The fundamentals of counselling
Introduction to counselling skills
Introduction to counselling theory
Plus one further optional unit

Attendance Expectations

This course is a 25-week course, with three-hour lessons with both a daytime and an evening course option.

How You Will Be Assessed

You will be assessed through professional discussion, role play and written assignments and an externally assessed exam.

Entry Requirements

There are no formal entry requirements for this course, however you will undertake an initial assessment on starting the course.

Fee Information

Funding is available for this course.

Further Study

Upon completing this course, you could progress to Level 3 Certificate in Counselling.

START DATE	LEVEL
September 2026	Level 2
STUDY MODE	DURATION
Part-time	25 weeks
AWARDING BODY	LOCATION
AIM Qualifications and Assessment Group	Selby College



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email courseinfo@heartofyorkshire.ac.uk.

To learn more about Selby College, our facilities and how we can support you please visit our website www.heartofyorkshire.ac.uk.

Quick Links



How to
Apply



Student
Support



Virtual
Tours