

# Certificate in Counselling



## Course Overview

The Level 3 Certificate in Counselling aims to further develop the skills and knowledge gained at Level 2. This qualification enables learners to work towards becoming a reflective practitioner of counselling by considering theories of human development, self-awareness, supervision and issues of difference and diversity. It also provides knowledge and understanding of the main core theories and theorists that underpin counselling and addresses the nature of psychological problems and how they may be approached.

## What You Will Study

There are three units within this course:

Counselling skills  
Counselling theory  
Developing Reflective Practice in Counselling

## Attendance Expectations

This course is a 30-week course, lessons are primarily taught face to face, though there will be some lessons that will be delivered through Teams.

## How You Will Be Assessed

You will be assessed through professional discussion, weekly journals and an externally assessed exam.

## Entry Requirements

To study this course, you must have completed a level 2 certificate in counselling

## Fee Information

There is funding available for this course, subject to previous qualifications, if you are not eligible for funding the course can be funded via the Advanced Learner Loan.

## Further Study

Upon completing this course, you could progress to Level 4 Diploma in Counselling or to a degree.

START DATE	LEVEL
September 2026	Level 3
STUDY MODE	DURATION
Part-time	30 weeks
AWARDING BODY	LOCATION
AIM Qualifications and Assessment Group	Selby College



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

## Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email [courseinfo@heartofyorkshire.ac.uk](mailto:courseinfo@heartofyorkshire.ac.uk).

To learn more about Selby College, our facilities and how we can support you please visit our website [www.heartofyorkshire.ac.uk](http://www.heartofyorkshire.ac.uk).

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